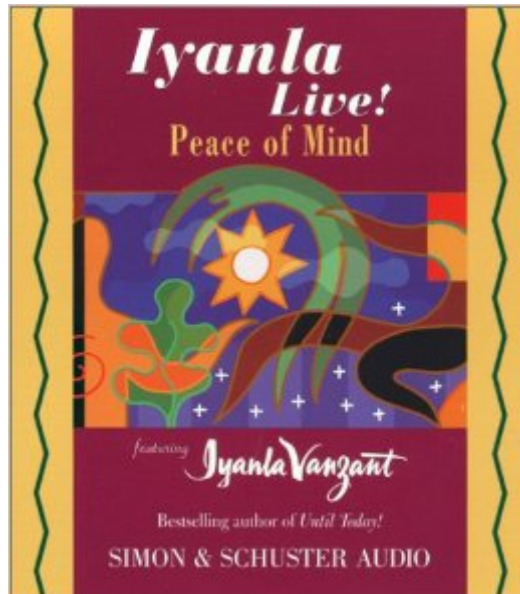


The book was found

Iyanla Live Peace Of Mind



Synopsis

In this live recording Iyanla Vanzant shares how we can use Peace of Mind to meet the frantic pace of modern life. Iyanla teaches us how to stay in a constant state of peaceful stillness so we won't be knocked off-center. By exercising the three laws of physics -- Inertia, Proportional Force, and the Law of Action -- we can hold our center in the face of a crazy world. Iyanla reminds us that no matter how much our Peace of Mind is challenged, we will have peaceful days.

Book Information

Series: Iyanla Live!

Audio CD

Publisher: Simon & Schuster Audio; Abridged edition (July 1, 2001)

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Product Dimensions: 5.7 x 5 x 0.5 inches

Shipping Weight: 3.8 ounces

Average Customer Review: 5.0 out of 5 stars Â Â See all reviews Â (2 customer reviews)

Best Sellers Rank: #5,880,803 in Books (See Top 100 in Books) #25 in Â Books > Books on CD > Authors, A-Z > (V) > Vanzant, Iyanla #4325 in Â Books > Books on CD > Health, Mind & Body > Self Help #4352 in Â Books > Books on CD > Health, Mind & Body > Personal Growth

Customer Reviews

The CD is worth it's weight in gold. Iyanla once again gives you insight and new understanding on how to achieve peace of mind. I would recommend that anyone who needs a renewing of the mind and the spirit buy this CD.

I love anything by Iyanla Vanzant...She is so motivating and inspiring I try to read or listen to everything she has done and Iha never been disappointed in her work

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